

# Three Approaches to Counseling by Christians

## Joshua 1:7-8

*Only be strong and very courageous, that you may observe to do according to all the law which Moses My servant commanded you; do not turn from it to the right hand or to the left, that you may prosper wherever you go. This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.*

### “Christian” Counseling

### Biblical Counseling

### Freedom in Christ Counseling

The question of sin	de-emphasize sin	teach nature of sin	demonize sin
View of man	victim	sinner becomes a saint at salvation	under control of demonic influence
Dealing with past sin	blame others	repent and confess	renounce
Dealing with daily sins	ignore or cover Proverbs 28:13	confess and forsake Proverbs 28:13	seven steps
Dealing with future	probe deeper into the past	grow to spiritual maturity	repeat seven steps
Focus of teaching	inner child, heart	walk in the Spirit	announce and affirm
Memories	repressed memories	dwell on pure, lovely, etc.	forgive, release, bless
Responsibility	we are not responsible	we are responsible James 1:13-15	demons are responsible
Offenders	confront our offender	forgive and love	forgive
Emphasize	counseling theories	truth and obedience	truth
Final Results	bondage to sin Galatians 4:9; 2 Peter 2:19	freedom and liberty Galatians 5:13	new yoke of bondage Galatians 5:1